

YOUTH & TEEN PROGRAMS

The Lompoc Parks, Recreation & Urban Forestry Department reserves the right to use any photos of participants taken by our staff in our programs and facilities as promotion material for future brochure publications, flyers, website postings and any other media opportunity.

Is there a program that you would like to have your Lompoc Parks, Recreation & Urban Forestry Department please give us a call at 875-8100.

CREATIVE DANCE

Come enjoy our introductory class that offers instruction on the basic movements of ballet. Students will learn a simple routine and parents will have the opportunity to observe their children on the last day of each session. Tights, leotards, and pink ballet shoes or soft shoes are required for each class.

Saturday

Age: 3 – 4 years

Session/Date: 001 Jan 9 - 30

002 Feb 6 - 27

003 Mar 6 - 27

004 Apr 3 - 24

Time: 9:00 AM – 9:45 AM

Location: Anderson Recreation Center

Instructor: Maranda Hunter

Fee: \$20.00 (R)/\$24.00 (N)



NOTE:

When there are two fees listed under a program and/or a course, the (R) is the discounted rate for those participants who reside within the city limits, paying City taxes. The (N) is the fee for those non-residents who reside outside the city limits (Vandenberg Village, Mission Hills, Mesa Oaks, etc.) which is the actual cost of the class and/or program.

BALLET FOR BEGINNERS

Turn and Twirl your way into our new basic ballet class where students will learn basic dance steps with emphasis on rhythm, and following directions. Students will learn basic dance steps, leading to a performed routine that can be observed by parents on the last class of each session. Tights, leotards, and ballet or soft-toed shoes are required.

Saturday

Age: 5 – 7 years

Session/Date: 001 Jan 9 - 30

002 Feb 6 - 27

003 Mar 6 - 27

004 Apr 3 - 24

Time: 10:00 AM – 11:00 AM

Location: Anderson Recreation Center

Instructor: Maranda Hunter

Fee: \$20.00 (R)/\$24.00 (N)

JAZZ FOR BEGINNERS

These classes will provide instruction and practice for learning new movements in different styles of Jazz dance. Boys and girls will have an opportunity to learn bending, stretching, jumps, turns and isolations - the basic elements of jazz. We will explore musical theatre, hip-hop, rock, and swing styles of jazz dance. This class is sure to give children a fun way to learn basic coordination in dance.

Saturday

Age: 7 – 10 years

Session/Date: 001 Jan 9 - 30

002 Feb 6 - 27

003 Mar 6 - 27

004 Apr 3 - 24

Time: 11:00 AM – 12:00 Noon

Location: Anderson Recreation Center

Instructor: Maranda Hunter

Fee: \$20.00 (R)/\$24.00 (N)

BEGINNING TANG SOO DO KARATE

This ancient martial art, originating in Korea, is a method of empty-hand and foot fighting based on the scientific use of the body in self-defense. This mysterious art is designed to develop individual character, mental strength, integrity and respect for others. Open to all ability levels.

Tuesdays and Thursdays

Age: 5 and up

Session/Date: 001 Jan 5 - 28

002 Feb 2 - 25

003 March 2 - 30

004 April 1 - 29

Time: 5:30 PM – 6:45 PM

Location: Civic Auditorium

Instructor: Master Theodore Jackson

Fees: \$50.00(R)/\$60.00(N)



ADVANCED KARATE-TANG SOO DO

This ancient martial art, originating in Korea, is a method of empty-hand and foot fighting based on the scientific use of the body in self-defense. This mysterious art is designed to develop individual character, mental strength, integrity and respect for others. This course offers a \$5.00 family discount.

Tuesdays & Thursdays

Age: 5 and up

Session/Date: 001 Jan 5 - 28

002 Feb 2 - 25

003 March 2 - 30

004 April 1 - 29

Time: 7:00 PM - 8:15 PM

Location: Civic Auditorium

Fees: \$50.00(R)/\$60.00(N)

Instructor: Master Theodore Jackson

SHOTOKAN KARATE-DO BEGINNERS/INTERMEDIATE

The City of Lompoc Parks, Recreation & Urban Forestry Department welcomes a Martial arts class as a form of self defense. We specialize in professional Shotokan Karate-Do instruction, philosophy and physical conditioning with an emphasis on reflex development, timing, eye-hand coordination, balance and sense of well being. Basic skills, forms and sparring drills will be stressed equally to offer students a balanced training program. If you are looking to develop yourself in a positive manner physically, mentally and spiritually by building your self-confidence, self-awareness and concentration or just improve your overall physical fitness, you are welcome to come observe our practice.

Mondays & Wednesdays

Age: 7 and up
 Session/Date: 001 Jan 4 - 24
 002 Feb 1 - 24
 003 Mar 1 - 24
 004 Apr 5 - 28
 Time: 6:00 PM - 8:00 PM
 Location: Civic Auditorium
 Fees: \$40.00(R)/\$48.00(N)
 Instructor: Sensei Vito Pascua

ARCHERY

We are proud to offer this exciting and popular archery class for youth. Classes include safety, physical and mental skill, proper shooting form, and the physics and math of archery. Archery instills confidence and self-esteem in athletes and all training is done in a positive, self-assuring manner with emphasis on the enjoyment of the sport.

Tuesdays

Age: 7 – 16 years
 Session/Date: 001 May 4 - 25
 Time: 4:00 PM - 5:00 PM
 Location: Ken Adam Park
 Instructor: Thom Chamberlain
 Fees: \$44.00(R)/\$48.80(N)

NOTE:

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ARCHERY CAMP

We are proud to offer this brand new archery camp for kids. This four-day camp will review safety, physical and mental skill, proper shooting form, and the physics and math of archery. Arrow making skills will also be taught. Archery instills confidence and self-esteem in athletes and all sports training is done in a positive manner with emphasis on the enjoyment of the sport.

Tuesday – Friday

Ages: 7 –14 years
 Session: 001 April 6 – 9
 Time: 9:00 AM – 10:30 AM
 Location: Ken Adam Park
 Instructor: Thom Chamberlin
 Fees: \$55.00(R)/\$66.00(N)

HIP HOP

If you love music, and dancing your passion, come join and help put hip-hop back in the game. Bring your own free style and leave with moves you can use out on the town. This is a fun after school activity and will offer fun age appropriate dance moves for boys and girls. This class will focus on the basic skills of musicality and will explore many different routines for everyone to enjoy.

Mondays & Wednesdays

Age: 11 – 14 years
 Session: 001 Jan 4 - 27
 002 Feb 1 - 24
 003 Mar 1 - 24
 004 Apr 5 - 28
 Time: 4:00 PM – 5:00 PM
 Location: Anderson Recreation Center
 Instructor: Maranda Hunter
 Fee: \$20.00 (R)/\$24.00 (N)

AMERICAN RED CROSS BABYSITTERS TRAINING COURSE

This class offers training for real life essential care giving and decision-making skills. You will learn safety skills, how to prevent and respond to emergencies, and how to identify common safety problems and prevent injuries. It will also give you tips on finding and interviewing for babysitting jobs, how to perform first aid, & to get professional help fast.

Saturday

Ages: 11-15 years
 Session/Date: 001 Feb 27
 Time: 9:00 AM - 3:00 PM
 Location: Anderson Recreation Center
 Fees: \$45.00(R)/\$54.00(N)

INSTRUCTORS WANTED!

Do you have a talent or skill you would like to share with your community? Are you interested in earning some extra money and at the same time, making a difference in the lives of others? If so, we invite you to consider teaching a class. Contact our Parks and Recreations Department at 875-8100 to find out more!

VALENTINE'S DAY CRAFTS

Have a sweetheart? Make some sweet projects for your sweetheart in this class. One project will decorate pretty glass jars and stuff them with candy! These projects are suitable as gifts or to keep for yourself. All supplies included. Please wear work clothes and be prepared for fun! A small snack and drink included.

Tuesday

Ages: 6 -12
 Session: 001 Feb 9
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

JUMP START.....

Are you thinking about getting a job this summer and not sure where to start? The Lompoc Parks, Recreation & Urban Forestry Department is here to help you. During Spring Break, the first career camp for teens will be coming to Lompoc. Sessions include how to acquire and complete the application process, developing your resume, interview tips and techniques to land that summer job that you really want. The week will conclude with a job fair for summer employment. Don't miss this great opportunity to land the perfect summer job!

Tuesday – Friday

Ages: 14 & Up
 Session: April 6 – 9
 Time: 2:00 – 4:00 pm
 Location: Anderson Recreation Center
 Fees: \$10 per student

MEMORY BOOKS FOR KIDS

For the beginner or expert, this class is designed to bang out a mini-scrapbook in two hours. We will use stickers, die cuts, acid-free paper, pens and more to create our pages! We will work fast and cover a lot of ground! By the end of this class, you will have completed an album, or go home with supplies to finish your album. Please bring 15-20+ photos that can be cut, glued or decorated. Photos may follow a certain theme, such as holidays, school, pets or sports, or may be random. All supplies listed above included, plus memory albums, glue, and other supplies. Please wear work clothes. Small snacks and drink included.

Tuesday

Ages: 6 -12
 Session: Apr 27
 Time: 5:00 PM – 8:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)



FOUND OBJECT ART

This class focuses on a new type of art called Found Object. Collect small items around your house or in your neighborhood. Shells, bottle caps, beads, pieces of costume jewelry, small tiles and other small objects are perfect for these art projects. Bring your collection to this class and you will be using these items to make art! We will be making at least three projects, more if time permits. Instructor will bring additional items to use in your art projects. Please wear work clothes. Small snack and drink included.

Tuesday

Ages: 6 – 12
 Session: 001 Jan 12
 Time: 5:00 PM – 7:00 PM
 Locations: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

PAINT MASTERS PART 1

In this paint class, you will learn about different artists and their styles, then you will create some of your own works of art in the artist's styles. Picasso, Matisse, and Monet styles will be briefly discussed; then the painting will start! All supplies including paint, brushes, and paper included. Please wear work clothes. Small snack and drink included.

Tuesday

Ages: 6 -12
 Session: 001 Jan 26
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

PAINT MASTERS PART 2

Can be taken independent of part 1, this class examines more artists and their styles, but focuses more on different cultures than specific art. We will briefly discuss and view Chinese, American and Dutch art, then work on our own versions of art. All supplies such as paint, brushes, and paper included. Please wear work clothes and be prepared for fun! Small drink and snack included.

Tuesday

Ages: 6 -12
 Session: 001 Feb 23
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

JEWELRY MAKING FROM NATURE

Get back to nature with this fun class. We will be making several projects will all natural materials including hemp, glass or stone beads, twine, shells and more. Our inspiration will be the oceans, forests, and the wildlife around us. A small snack and drink will be included. All supplies included.

Tuesday

Ages: 6 -12
 Session: 001 Mar 9
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

FLOWER POWER

Spring is coming and this class celebrates the return of flowers! We will be creating a series of flower crafts to keep or give as gifts. Projects include flower pens, frames, and more. All supplies included. Please wear work clothes. A small drink and snack will be included.

Tuesday

Ages: 6 - 12
 Session: 001 Mar 23
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)



CRAFT SAMPLER

For the craft-shy person or beginner, this class offers a little of everything. We will sample painting, jewelry making, and bottle decorating. All supplies included including brushes, paint, paper, beads, findings, bottles, paint and more. Please wear work clothes and be prepared to try something new! Small drink and snack included.

Tuesday

Ages: 6 -12
 Session: 001 Apr 13
 Time: 5:00 PM – 7:00 PM
 Location: Anderson Recreation Center
 Instructor: Cathy Clark
 Fees: \$24.00 (R)/\$28.00 (N)

RECREATION FACILITY ABBREVIATIONS:

Anderson Recreation Center – ARC
 125 West Walnut Avenue
 Civic Auditorium Classroom – CA
 217 South L Street
 Lompoc Aquatic Center - LAQC
 207 West College Avenue