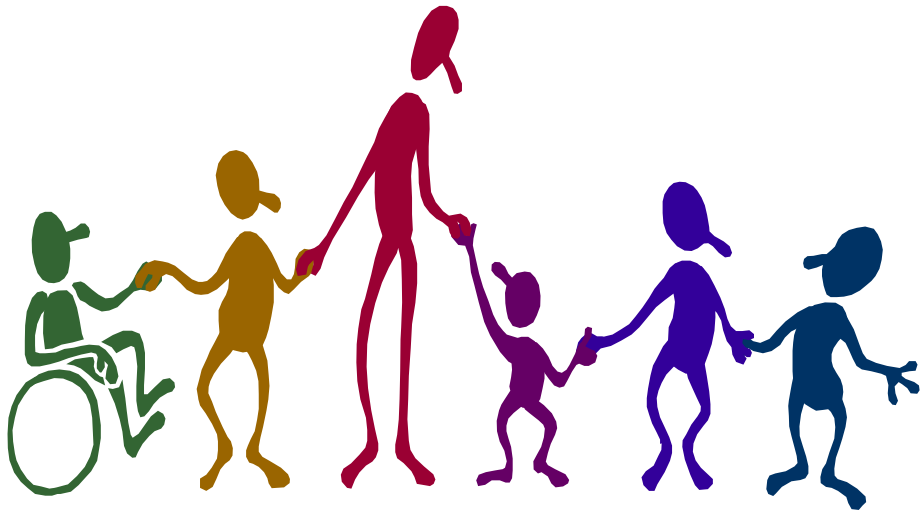


Lompoc Community Resource Guide



Provided by the
Human Service Commission,
City of Lompoc

October 2005

Table of Contents

Abuse	1, 2
Alcohol Programs	5, 6
Animals	3
Children	27, 28, 29
Domestic Violence	1, 2
Drugs Programs	5, 6
Emergency Numbers	7, 8
Employment Info	9
Exploitation	1, 2
Financial Assistance	11, 12
Food	13, 14
Health	15, 16, 17
Hospitals	15, 16, 17
Housing	19, 20
Intervention	5, 6
Media	21
Mental Health	15, 16, 17
Miscellaneous Info	23, 24, 25, 26
Neglect	1, 2
Nutrition	13, 14
Pregnancy	27, 28, 29
Senior Services	31, 32, 33
Thrift Shops	34
Transportation	35, 36
Youth	27, 28, 29
Pages for Notes:	4, 10, 18, 22, 30

ABUSE, DOMESTIC VIOLENCE, EXPLOITATION, NEGLECT

Adult Protective Services 737-6020
Seniors & Infirm/neglect & abuse
Contact Sheriff's Office After Hours
737-7737

Child Protective Services

Emergency –	911
24-Hr Hotline	1-800-367-0166
Hotline 8 am-5 pm	737-7078
Sheriff's Office	683-2724
(ask for CPS dispatch after 5 p. m. and Holidays)	
CPS Social Worker	737-6031

CRIS 24 Hr. Information and Referral Service

Crisis and Suicide Intervention

Lompoc	734-2711
S.B. County	1-800-400-1572

On-line Directory: www.fsacares.org

ABUSE, DOMESTIC VIOLENCE, EXPLOITATION, NEGLECT

Domestic Violence Solutions 736-0965
24 hr Hotline
Women with or without Children
Male and Female Anger Management Classes

Emergency – 911

Legal Aid: 736-6582
106 South "C" Street, Suite A
Legal services to low-income/ Seniors:
landlord/tenant disputes; Restraining Orders

Rape Crisis & Child Protection Center
Office 736-8535
Hotline 736-7273

SART – Sexual Assault Response Team 963-6832
111 North Milpas Rd, SB 93103

ANIMALS – PETS

Animal Control 737-7755

1501 West Central Avenue

After 5 p.m. Police Department 736-2341

CAPA 737-7754

Companion Animal Placement Assistance

Works with Animal Control

Central Coast Emergency Pet Transport

709-0929

Emergency Veterinary Services 489-6573

Arroyo Grande--Nearest after hours services

VIVA 735-6741

"No kill" small animal rescue & adoption

NOTES

DRUG & ALCOHOL PROGRAMS, SUPPORT, INTERVENTION

Alcoholics Anonymous	737-1101
Al-Anon 119 North "D" Street (Recovery program for Family and friends of alcoholics)	737-3969
Alano Club 119 North "D" Street	737-3969
Celebrate Recovery 500 East North Avenue	736-6415
Central Coast Headway 115 East College Avenue, Suite 16	737-0015
D.A.R.E. Drug Abuse Resistance Education Youth Program	736-2341
Narcotics Anonymous	1-800-549-7730

DRUG & ALCOHOL PROGRAMS, SUPPORT, INTERVENTION

New Attitudes Group of Narcotics Anonymous
129 North "I" Street

Victory Outreach 737-9968

Zona Seca 740-9799
218 North I Street

EMERGENCY NUMBERS

Ambulance 911

California Highway Patrol

Emergency 911

Buellton 688-5551

Santa Maria 349-8728

Santa Barbara 967-1234

FBI 934-2444

Santa Maria

If No Answer call... 1-310-477-6565

Fire 911

Help Line 211

Non-emergency information and referral

Lompoc Police... 100 Civic Center Plaza

Emergency 911

Non-Emergency 736-2341

Poison Control (CA) 1-800-876-4766

Road Conditions 1-800-427-7623

EMERGENCY NUMBERS

Sheriff—Coroner

Lompoc Substation	737-7737
751 Burton Mesa Blvd	
Emergency	911

EMPLOYMENT RESOURCES

Dept. of Social Services 736-2289
1133 North "H" Street, Suite F

Employment Development Department
1-800-300-5616

Workforce Resource Center 614-1550
1410 South Broadway

NOTES

FINANCIAL ASSISTANCE

Catholic Charities

736-6226

903 East Chestnut Avenue

"One-Stop-Shopping" for assistance:

Financial assistance for utilities; clothing; supplies; shelter; food; referrals.

Mobile home and single family home repairs assistance grant (ERG).

Community Action Commission of SB County

740-4559

CAC Energy Program (H.E.A.P.)

1-800-655-0617

(Home Energy Assistance Program)

H.I.C.A.P.

1-800-434-0222

(Health Insurance Counseling & Advocacy Program) Free services to seniors. Counselors come to Lompoc.

Homeowners & Renters Assistance

1-800-868-4171

Seniors, Disabled, Blind

Santa Barbara County Social Services 737-7080

1100 West Laurel Avenue

(Food Stamps, General Relief, Medical)

FINANCIAL ASSISTANCE

Social Security Administration	1-800-772-1213
2436 Professional Parkway	934-2793
Santa Maria	
355 Paseo Nuevo	
Santa Barbara	963-7806
 Veteran's Service Office	 737-7900
108 East Locust Street	

FOOD & NUTRITION

C.A.C. Senior Lunch Program 737-9366

Meals/social program for seniors 60 and over
Lompoc Community Center
1501 East Ocean Avenue

Community Kitchen

Meals for homeless & disadvantaged
Facilitated by Lompoc Ministerial Association.
Serving time...5 PM
Tuesday: St. Timothy's Church-- 403 N. "J"
Street
Thursday: First Baptist Church--220 W. Cypress
Avenue
Friday: La Purisima Church--333 S. "I" Street
Four Square Church--125 North "C" Street
(Last Monday of Month)

Food Bank of Santa Barbara County 928-3460 218 East Jones Street, Santa Maria

Food Pantry 737-4140 903 East Chestnut Avenue Emergency and supplemental food

FOOD & NUTRITION

Mobile Food Pantry

740-3073

Primera Iglesia Bautista Hispana Church

323 West Hickory Avenue

Distribution: 1st & 3rd Monday of each month
4-6 p.m.

Meals on Wheels

736-3257

Home delivery of meals for homebound

HEALTH, HOSPITALS, MENTAL HEALTH

AIDS/HIV/Hepatitis Testing 681-5120x5120

CA Poison Control Center 1-800-222-1222
1-800-876-4766

Cottage Hospital 682-7111
Pueblo Street at Bath Street, Santa Barbara

Dialysis Center 740-2000
127 West Pine Avenue

Emergency Mental Health Services 692-5729
Mental Health Assessment Team

The Lodge 736-1234
Assisted-living care facility
1420 West North Avenue

HEALTH, HOSPITALS, MENTAL HEALTH

Lompoc Convalescent Care Center 736-3466
216 North Third Street

Lompoc Hospital 737-3300
508 East Hickory Avenue

Lompoc Hospital Emergency Department
737-3333

Lompoc Skilled and Rehabilitation Center
735-4010

Skilled care nursing facility
1428 West North Avenue

LVCHO 737-5724
(Lompoc Valley Community Healthcare Organization)
Referral service/case management
P. O. Box 368
Lompoc, CA 93438

Marian Medical Center 739-3000
1400 East Church, Santa Maria

HEALTH, HOSPITALS, MENTAL HEALTH

Mental Health Services/Adult Clinic 737-7715
401 East Cypress Avenue

Mental Health Services/Children's Clinic
737-6600

(M.I.S.C.)
117 North "B" Street

National Alliance of Mental Illness 740-9580

Rehab Institute of Santa Barbara 687-7444
2415 De La Vina—Santa Barbara, 93105

Transitions – Drop-In Center 928-0139
916 North I Street 736-7611
Social interaction, free meals, and support

Tri-Counties Blood Bank 928-2546

Urgent Care 737-8786
1225 North H Street

NOTES

HOUSING

Bridgehouse 737-9443
Homeless Shelter
2025 Sweeney Road

City of Lompoc Rehabilitation Loan Program
875-8271
Moderate to low-income, low interest loans
for home improvements, repairs

Emergency (temporary) shelter 736-2341
Salvation Army sponsored
Vouchers at Lompoc Police Department

Homeowners & Renter's Assistance
1-800-868-4171
(Seniors, disabled, blind)

Housing Authority (HUD) 736-3423
815 West Ocean Avenue
Rental Assistance for low income, seniors,
Reverse equity

Legal Aid (Low Income/Seniors) 736-6582
106 South "C" Street, Suite A
Landlord Tenant disputes, other service

HOUSING

Mark's House

735-9980

Transitional residential for homeless families

By referral, drug/alcohol-free, case management

Santa Barbara County Social Services 737-7080

1100 West Laurel Avenue

Social Security

1-800-772-1213

2436 Professional Way, Santa Maria

Utility Assistance

736-6226

(R.E.A.C.H.)—through Catholic Charities

MEDIA

KCOY ...CBS 12/KKFX Fox 11 Santa Maria – news12@kcoy.com	925-1200
KEYT ...ABC (Channel 3) Santa Barbara – keyt3news@aol.com	882-3931
KSBY ...NBC (Channel 6) Santa Maria	925-4757
Lompoc Record 115 North "H" Street	736-2313
Santa Barbara News Press 908 North "H" Street	736-1070

NOTES

MISCELLANEOUS

Adult Literacy Reading Program 736-3477
501 East North Avenue

American Red Cross 736-5110
312 North "H" Street

American Red Cross/Military Services
1-800-951-5600
A.F.E.S. (Armed Forces Emergency Services)

Braille Institute 682-6222
Information & referral (Santa Barbara)

California Missing Children Hotline
1-800-222-3463

Cal-OSHA 24-hrs Enforcement 654-4581
Occupational safety and health

Chamber of Commerce 736-4567
111 South "I" Street

City of Lompoc- City Hall 736-1261
100 Civic Center Plaza

City of Lompoc – Code Enforcement 875-8279

MISCELLANEOUS

City of Lompoc – Community Development	875-8279
City of Lompoc – Electric	875-8218
City of Lompoc Landfill South Avalon Road	736-3343
City of Lompoc Library 501 East North Avenue	736-3477
City of Lompoc – Solid Waste	735-7638
City of Lompoc – Streets	875-8021
City of Lompoc Utilities/Water 100 Civic Center Plaza	736-1261
Consumer Mediation	737-7767
Department of Justice Federal Correctional Facility	736-4154
District Attorney	737-7760
Drinking water quality	1-800-426-4791

MISCELLANEOUS

Environmental Health-Santa Maria 346-8460

Hotline 1-800-541-1625

Regulates/enforces public health issues
Related to retail food, public water supply,
Solid waste & septic systems

Food Safety questions 1-888-723-3366

Gas Company (Sempra Energy)

128 South "H" Street 1-800-427-2200

Immunizations 1-800-232-2522

(C.D.C. Prevention hotline)

Lompoc Valley Community Center 735-3001

1501 East Ocean Avenue

Lompoc Valley Community Healthcare 740-0355

114 East College Avenue

Care coordination, Pharmacy assistance
program and Transportation funds.

LOVARC Corp. 735-3428

(Life Options Vocational and Resource Center)

116 North I Street

MISCELLANEOUS

Passports 737-7705
401 East Cypress Avenue

State Franchise Tax Board 1-800-868-4171
(Homeowners & Renters Assistance for Seniors,
Blind, & Disabled)

Supervisor – 4th District 737-7700

Time (GTE) 735-2811

United States Post Office 1-800-275-8777
801 West Ocean Avenue

Vandenberg AFB Operator 606-1110

Vandenberg Village Library 733-3323
3755 Constellation Road

Voter Registration 737-7705

PREGNANCY, CHILDREN, YOUTH

Big Brother/Big Sister Program

Countywide, Santa Barbara Office, Lompoc

965-1001

735-4376

Boys & Girls Club

736-4978

Preschool, Before & After School Day-Care,
Homework assistance, Living Skills, HIV/Aids
Awareness, Basketball, Arts & Crafts

California Missing Children Hotline

1-800-222-3463

Children's Resource & Referral

737-0073

Referral to licensed childcare.

Court Appointed Special Advocates

739-9102

120 East Jones, #113 (Santa Maria)

Even Start

737-0429

Good Mourning

733-5225

Pregnancy & infant loss support

Head Start

740-4555

120 West Chestnut Avenue

PREGNANCY, CHILDREN, YOUTH

Healthy Start (Family Services Agency)

Dorothy Jackson Family Center 737-3200

Clarence Ruth Elementary School

501 North "W" Street

Arthur Hapgood Elementary School 736-6166

324 South "A" Street

Lompoc Valley Teen Center – Teen Target Program

736-6433

537 North K Street

Provides tutoring, homework help, and
computer training

Lompoc Schools – District Office

736-2371

1301 North "A" Street

Parks & Recreations

736-6565

Drop-In Programs

Planned Parenthood

922-8317

Pregnancy Support Center

735-2353

601 East Ocean Av

PREGNANCY, CHILDREN, YOUTH

Totes for Tots (Faithful Apostolic Church)

736-9446

Emergency supplies for displaced children

YMCA

736-3483

201 West College Avenue

NOTES

SENIOR SERVICES - ASSISTANCE

Adult Protective Services 737-6020
Report Abuse/neglect

American Assoc of Retired Persons
1-800-424-3410

Area Agency on Aging 925-9554
528 South Broadway, SM 965-3288
Vial of Life 928-2552

CAC Senior Nutrition Program 737-9366
1501 East Ocean Avenue

Community Partners in Caring 737-1976
123 "D" Street
Volunteers helping seniors and disabled

Grief Counseling 735-3773
Starbuck-Lind Mortuary
123 North "A" Street

SENIOR SERVICES - ASSISTANCE

HICAP (Health Insurance Counseling) 928-5663

Free service to seniors 1-800-434-0222

Housekeeping Assistance 735-4376

(Family Services Agency)

Legal Aid (Low Income/Seniors) 736-6582

106 South "C" Street, Suite A

Landlord Tenant disputes, other service.

No charge to senior/disabled

Lifeline 737-3307

Lompoc Hospital 24-hour home emergency

response system for elderly or disabled. Fee

Meals on Wheels 736-3257

Homebound Meal delivery

Ombudsman (Santa Barbara) 967-0499

Advocates for quality care in nursing homes.

Monitor for abuse or neglect of seniors

Out-Patient Veteran's Clinic 736-7767

1111 East Ocean Avenue

SENIOR SERVICES - ASSISTANCE

Senior Connection Information Link

1-800-510-2020

925-2552

Yearly Publication for Seniors – free 928-2552

Valley Haven-- Adult Day Care

733-9459

2800 Harris Grade Road

Valley of Flowers Half-Century Club

736-6669

341 North "N" Street

Many programs and services available to seniors.

Veterans Administration

683-1491

Outpatient Clinic

4440 Calle Real, Goleta

Veteran's Benefits Information/Assistance

1-800-827-1000

Veteran's Service Office

737-7900

108 East Locust Avenue

YMCA

736-3483

201 West College Avenue

Senior Fitness Classes

THRIFT SHOPS

Aid to Veterans 736-0008
423 West Ocean Ave

Endless Possibilities 735-5266
301 West Ocean Ave

Second Time Around 736-9972
110 West Ocean Ave

TRANSPORTATION

Airmen Against Drunk Driving	606-2233
Amtrak	1-800-872-7247
BREEZE 1303 Fairway Drive, Santa Maria (transportation between Santa Maria, VAFB, & Lompoc)	1-800-417-2137
Central Coast Shuttle Shuttle bus/to--from LAX	928-1977
City of Lompoc Transit (C.O.L.T.)	736-7666
Department of Motor Vehicles 138 North "B" Street	1-800-777-0133
FAA—Santa Barbara Terminal 1503 Cook Place...Goleta Information Service	967-0283
Greyhound Bus 113 North "I" Street	737-9153
Lompoc Taxi	736-3636

TRANSPORTATION

Santa Barbara Airport

681-4803

Santa Maria Airport
3217 Terminal Drive

922-1726